

## Terms, Vocabulary and Lexicon commonly used by Winners in Life

1. **Determination:** The firmness of purpose and the unwavering commitment to achieve goals, often involving persistence and perseverance.
2. **Resilience:** The ability to bounce back from setbacks, overcome challenges and adapt to changing circumstances.
3. **Grit:** The combination of passion and perseverance to pursue long-term goals, even in the face of obstacles or failures.
4. **Self-belief:** A strong and unwavering confidence in one's abilities, worth and potential to achieve desired outcomes.
5. **Tenacity:** The quality of being persistent and steadfast in the pursuit of goals, often involving a refusal to give up or be discouraged.
6. **Excellence:** Striving for the highest standards of performance, quality and achievement in all areas of life.
7. **Growth mindset:** A belief that intelligence, abilities and skills can be developed through effort, learning and practice.
8. **Adaptability:** The ability to adjust and thrive in changing circumstances, embracing new opportunities and challenges.
9. **Optimism:** A positive outlook and expectation for favourable outcomes, even in the face of challenges or difficult circumstances.
10. **Focus:** Concentrated attention and dedication to the task at hand, avoiding distractions and maintaining clarity on goals.
11. **Accountability:** Taking responsibility for one's actions, choices and outcomes and being answerable for them.
12. **Mindfulness:** The practice of being fully present and aware in the current moment, cultivating a sense of focus and clarity.
13. **Empowerment:** Encouraging and enabling oneself and others to take ownership, make decisions and have a sense of autonomy and control.
14. **Strategic thinking:** The ability to think ahead, analyze situations and make informed decisions based on long-term goals and objectives.
15. **Action-oriented:** Taking proactive steps, making decisions and executing plans to move closer to desired outcomes.
16. **Adaptability:** The ability to adjust and thrive in changing circumstances, embracing new opportunities, challenges and roles.
17. **Perseverance:** Continued effort and determination despite difficulties or obstacles, maintaining a steadfast pursuit of goals.
18. **Self-discipline:** The practice of self-control, commitment and consistency in pursuing goals and maintaining productive habits.
19. **Courage:** The willingness to take bold and calculated risks, face fears and step outside of one's comfort zone in pursuit of growth and success.
20. **Gratitude:** A practice of acknowledging and appreciating the positive aspects of life, fostering a sense of thankfulness and contentment.

These terms and vocabulary reflect the mindset and qualities often associated with winners in life. They emphasize qualities such as determination, resilience, focus and adaptability, which are essential for achieving success and overcoming challenges.

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